

Touchstone, Samuel

## Herbal and Folk Remedies

Samuel Touchstone was born in Florien, Louisiana, in 1926. Samuel is retired from the United States Air Force and enjoys oral history, making beads, writing, and displaying herbs. He first learned to create bead necklaces from his mother who learned the craft from an elder Choctaw woman. Samuel continues to make bead necklaces in traditional Choctaw patterns and has taught his children the form.

Mr. Touchstone has written several books, including Herbal and Folk Medicine of North Louisiana and Folk-Life Series, Vol 1. He has also written articles in newspapers, magazines, and journals.