

Maxine Brown African American Foodways

Ms. Maxine Brown cooks a variety of traditional African American foods. Her specialties include greens, rice, and beans, neckbones, and cornbread. Ms. Brown has participated in the Natchitoches-NSU Folk Festival for many years, and many people come to the Festival in order to sample her excellent fare. Ms. Brown learned to cook from her family members and others in her community. She has catered many Natchitoches events, and her hot water cornbread has become a favorite of many.

Ms. Brown's cooking provides an excellent example of African American foodways. She was inducted into the Louisiana Folklife Center's Hall of Master Folk Artists in 2004.

Updated November 30, 2016 by Natchitoches-NSU Louisiana Folklife Center Staff