

# UNDERSTANDING CONSENT: *Because Every Voice Matters*

## What Is Consent? Consent Is A “YES” *Anything Else Is A Guess*

**Consent must be knowing and voluntary (an act of free will), consent cannot be obtained through use of force.**

**Types of force:**

- Physical violence
- Intimidation
- Threats
- Coercion

**Physical violence:** hitting, restraint, pushing, kicking, etc.

**Threats:** anything that gets someone to do something they wouldn't ordinarily have done without the threat.

**Intimidation:** an implied threat that causes reasonable fear.

**Coercion:** the application of an unreasonable amount of pressure for sexual access.

***An intoxicated person cannot give consent.  
Remember: Sex without consent is RAPE!***

