



NORTHWESTERN STATE

**SPRING 2026**

Welcome Back

*Welcome Back to Northwestern State University! Are you all moved in and looking for something to do? Check out the calendar for Spring Welcome Back 2026...*

Spring Welcome Back is a series of FUN and FREE events designed to welcome back new and returning students to Northwestern State.

Whether you are new to campus or a returning student, Spring Welcome Back has something for everyone. The schedule is full of activities to help you explore your Northwestern State home, connect with old friends, meet new ones, and celebrate the start of a new semester with fellow Demons and the NSU community.

## **SATURDAY, JANUARY 10**

### **Residence Halls Open**

Refer to the welcome back emails from Housing and Residence Life for specific details regarding Move-In Day.

### **NSU WBB vs TAMU-CC: Fork Cancer**

**1:00 p.m. | Prather Coliseum**

Join us as we support cancer awareness and pack Prather for a meaningful game.

### **NSU MBB vs TAMU-CC: Fork Cancer**

**3:30 p.m. | Prather Coliseum**

## **MONDAY, JANUARY 12**

### **First Day of Classes**

Welcome back! We hope you all had a great break. We are excited to see what adventures this semester holds! Fork 'em Demons!

### **Where the Fork is My Class?**

**7:30 – 11:00 a.m. | Kyser Brickway**

What? It's the first day of classes? You've got questions about campus? We've got answers. Stop by the help tent and let us help you find your way. Don't forget to bring your schedule with you.

### **Meet & Greek**

**11:00 a.m. – 1:00 p.m. | Kyser Brickway**

Meet the awesome fraternities and sororities that make up the Greek community at NSU. Learn about what makes each chapter unique and opportunities available to members, and, of course, how to join!

### **Meet Your Senator Day**

**11:00 a.m. – 1:00 p.m. | Kyser Brickway**

Meet your official representatives to the University Administration and learn more about getting involved in YOUR Student Government.

*Sponsored by NSU Student Government Association*

### **NSU MBB vs. UTRGV: Back to School**

**6:30 p.m. | Prather Coliseum**

### **BCM Hot Cocoa Social**

**7:00 p.m. | UP1 & UP2**

Come get free hot cocoa and fellowship with the members of the BCM!

*Sponsored by Baptist Collegiate Ministry*

## **TUESDAY, JANUARY 13**

### **Where the Fork is My Class?**

**7:30 – 11:00 a.m. | Kyser Brickway**

### **Mindful Stitchers**

**4:45 – 6:00 p.m. | Student Union, Room 221**

Come slow down your mind and body with mindful stitching practices such as stitching, crochet, quilting, or knitting. Bring your own project or start one with supplies available on site. Sponsored by Counseling Services, CAPA, and the Center for Positivity, Well-Being, and Hope. Every Tuesday except breaks.



## **Food Pantry Volunteer Training**

**5:00 p.m. | NSU Pantry**

We invite you to be a part of The NSU Pantry volunteer team. Volunteers are the backbone of The NSU Pantry and play a vital role in our campus community. Join us in combating food insecurity at NSU. See you at the volunteer training!

## **BCM Hot Cocoa Social**

**7:00 p.m. | Columns & Varnado**

Come get free hot cocoa and fellowship with the members of the BCM!

*Sponsored by Baptist Collegiate Ministry*

## **WEDNESDAY, JANUARY 14**

### **CPC Open Houses**

**5:00 p.m. | Organization Row & Greek Hill**

Stop by the chapter facilities of Alpha Omicron Pi, Phi Mu, and Sigma Sigma Sigma to learn more about each chapter at NSU!

### **Mass & Meal with the CSO**

**5:30 p.m. | Holy Cross Catholic Church (129 2nd St.)**

Join the CSO for mass and then for dinner and fellowship. All are welcome! Mass & Meal is held each Wednesday of the semester at 5:30 p.m.

*Sponsored by Catholic Student Organization*

### **NPHC 101**

**6:00 p.m. | Student Union, Lucile M. Hendrick Room**

NPHC informational to learn more about the intake process. Anyone interested in joining a National Pan-Hellenic Council organization at NSU should attend.

### **IFC Open Houses**

**7:00 p.m. | Various Locations**

Check out @nsula\_ifc on Instagram for each Interfraternity Council's Spring recruitment schedule. First up on the schedule? Open Houses! Stop by chapter facilities to learn more about each organization.

### **BCM First Worship Service**

**8:30 p.m. | BCM**

All are welcome to join the BCM for a night of fellowship and worship. Worship is held each Wednesday of the semester at 8:30 p.m.

*Sponsored by Baptist Collegiate Ministry*

## **FRIDAY, JANUARY 16**

### **Food Pantry Volunteer Training**

**12:00 p.m. | NSU Pantry**

### **MLK Days of Service**

**Varied Times | Various Locations**

## **SATURDAY, JANUARY 17**

### **MLK Days of Service**

**Varied Times | Various Locations**

## **MONDAY, JANUARY 19**

### **NO SCHOOL – Martin Luther King Jr. Day**

### **MLK March for Justice and Peace**

**10:00 a.m. | Ben Johnson Center**

Join us as we honor the legacy of Dr. Martin Luther King Jr. with a day of remembrance and reflection. NSU and Natchitoches community members, leaders, and organizations will come together to share inspiring words and music. The march will begin at the Ben Johnson Center and immediately conclude with a program at the MLK Center.

## **WEDNESDAY, JANUARY 21**

### **Food Pantry Volunteer Training**

**3:00 p.m. | NSU Pantry**

### **Speed Friending**

**8:30 p.m. | Baptist Collegiate Ministry**

*Sponsored by Baptist Collegiate Ministry*

## **THURSDAY, JANUARY 22**

### **Around the World, Around the Table**

**5:30 – 7:00 p.m. | Student Union, President's Rm.**

Join Counseling Services and International Student Resource Center for a fun and educational event focused on foods from around the world!

## **SATURDAY, JANUARY 24**

### **NSU WBB vs East Texas A&M: Fight for Literacy**

**1:00 p.m. | Prather Coliseum**

Come out and help fuel the momentum as conference play heats up.



**NSU MBB vs. East Texas A&M: Fight for Literacy**  
3:30 p.m. | Prather Coliseum

## **MONDAY, JANUARY 26**

### **Spring Into Resilience with ACT**

**5:00 – 6:00 p.m. | Student Union, President's Rm**  
Spring into Resilience with ACT, an interactive workshop designed to help you develop psychological flexibility and build resilience, living a life that is more meaningful to you.

### **Origami with OADS**

**5:30 p.m. | Watson Library**  
What? It's already Spring 2026! What is OADS? What is Origami? Stop by to find out more about OADS, Origami and learn a new cool relaxing hobby.

## **TUESDAY, JANUARY 27**

### **Demon V.I.P. Informational**

**6:00 p.m. | Student Union, Lucile M. Hendrick Room**  
Join us to learn more about the Demon Volunteer Program and to find out how to apply to be a part of the 2025-2026 Demon VIP team!

## **WEDNESDAY, JANUARY 28**

### **Lunch Bunch**

**11:30 a.m. – 1:00 p.m. | BCM**  
FREE LUNCH! Grab a friend and come get a free homecooked meal! Free lunch is served every Wednesday from 11:30 a.m. – 1:00 p.m. throughout the semester. *Sponsored by Baptist Collegiate Ministry*

### **Find-A-Friend Social**

**5:00 – 7:00 p.m. | Student Union, Lucile M. Hendrick Rm**  
Looking to make friends on campus? Swing by for board games, icebreaker activities, pizza, and door prizes. Maybe you'll meet somebody new in the process! *Sponsored by the NSU Counseling Center*

## **THURSDAY, JANUARY 29**

### **Scoops for Success**

**6:00 p.m. | Watson Library**  
If you have a sweet tooth, swing by the Watson Library for some ice cream and academic tips to begin the semester. *Sponsored by Alpha Lambda Delta First Year Honor Society*

**NSU WBB vs Nicholls: Greek Night + Blackout Prather**

**6:30 p.m. | Prather Coliseum**  
Greeks bring the energy—everyone wear black and make Prather electric.

## **FRIDAY, JANUARY 30**

### **Leadership NSU: Unity in Leadership**

**11:00 a.m. | Student Union**  
The Leadership NSU program is a student run program that offers students the opportunity to develop vital skills that will help them to be successful not only on campus but in life after graduation. Our guest speakers will deliver training, workshops, and presentations on topics such as service, emerging leadership, running better meetings, relationships, recruitment, brotherhood & sisterhood, communication, and much more!

### **Miss LOB's Dinner and a Show**

**6:00 p.m. | Student Union Ballroom**  
Join Nilah Pollard, our 68th Miss Northwestern Lady of the Bracelet, at her Leadership NSU Dinner to wrap up an awesome day of professional development! And who will be leading the show? She doesn't even go here, but none other than Damien himself, Daniel Franzese!

## **MONDAY, FEBRUARY 2**

### **Krewe of NSU**

**5:00 p.m. | Prather Coliseum**  
Let the good times roll with the Department of Student Affairs! Join us before the NSU Basketball game for Louisiana-style fun featuring exciting activities, delicious food, live music, and more. It's the perfect opportunity to connect with fellow students, explore campus services, and kick off game day with true Louisiana hospitality. Don't miss the celebration!

### **NSU MBB vs. Nicholls: Greek Night**

**6:30 p.m. | Prather Coliseum**

## **TUESDAY, FEBRUARY 3**

### **Welcome Back Movie Night**

**5:00 – 7:00 p.m. | Kyser Hall, Room 439**  
Snacks • Fun vibes • All students invited • Bring a friend and enjoy the show!



## WEDNESDAY, FEBRUARY 4

### **Demon V.I.P. Informational**

6:00 p.m. | Lucile M. Hendrick Room

Thursday, February 5

### **Defense Demons**

5:00 p.m. | WRAC Group X Room

## FRIDAY, FEBRUARY 6

### **Bless Our Hearts Day**

In celebration of The National Wear Red Day and American Heart Month, let's paint our campus red to raise awareness about heart disease.

## MONDAY, FEBRUARY 9

### **Demon V.I.P Informational**

6:00 p.m. | Student Union, Lucile M. Hendrick Room

## TUESDAY, FEBRUARY 10

### **NSU Softball vs Grambling**

5:00 p.m. | Demon Diamond

Kick off the season under the lights as the Lady Demons open at home.

## WEDNESDAY, FEBRUARY 11

### **Safe Love for Valentine's Day**

5:00 p.m. | Student Union, Cane River Room

Join Counseling Services for a friendly discussion of ways to maintain healthy relationship boundaries and practices, just in time for Valentine's Day! Learn about truths and myths related to relationships and intimacy, as well as signs of potentially dangerous behaviors from partners.

### **Galentine's Day**

6:00 p.m. | Student Union Ballroom

Come celebrate Galentine's Day and learn more about the College Panhellenic Council and University Programming Council with the ultimate sleepover theme!

## THURSDAY, FEBRUARY 12

### **NSU WBB vs McNeese: White Out**

6:30 p.m. | Prather Coliseum

A rivalry matchup where every possession matters—be there early.

## SATURDAY, FEBRUARY 13

### **NSU BSB vs. UT-Arlington: Home Opener**

6:30 PM | Brown-Stroud Field

## SUNDAY, FEBRUARY 14

### **NSU WBB vs Southeastern**

1:00 p.m. | Prather Coliseum

Spend your afternoon with the Lady Demons for a high-energy conference battle.

### **NSU MBB vs. Southeastern**

3:30 p.m. | Prather Coliseum

## MONDAY, FEBRUARY 16

### **NO SCHOOL – Mardi Gras Break**

### **NSU MBB vs. McNeese: White Out**

6:30 p.m. | Prather Coliseum

## TUESDAY, FEBRUARY 17

### **NO SCHOOL – Mardi Gras Break**

## WEDNESDAY, FEBRUARY 18

### **Return to School at NOON – Mardi Gras Break**

## THURSDAY, FEBRUARY 19

### **NSU WBB vs Incarnate Word: Equality + Inclusion Night**

6:30 p.m. | Prather Coliseum

An evening celebrating unity, respect, and a powerful message on and off the court.



## **SATURDAY, FEBRUARY 21**

### **NSU WBB vs Houston Christian: Military Appreciation**

**1:00 p.m. | Prather Coliseum**

Honoring those who serve—join us for a special recognition game.

### **NSU MBB vs. Houston Christian: Military Appreciation**

**3:30 p.m. | Prather Coliseum**

## **MONDAY, FEBRUARY 23**

### **Origami with OADS**

**5:30 p.m. | Watson Library**

What is OADS? What is Origami? Stop by to find out more about OADS, Origami and learn a new cool relaxing hobby.

### **NSU MBB vs. UIW**

**6:30 p.m. | Prather Coliseum**

## **TUESDAY, FEBRUARY 24**

### **The Demon Wears Prada**

**8:00 – 10:00 a.m. | Student Union Lobby**

Step into style and confidence before you step into the Career Fair! Join the Career Center for Demon Wears Prada, where students can get personalized fashion advice, interview outfit tips, and confidence-boosting style guidance. CAPA costuming students will help dress you for the Career Fair! Come ready to ask questions, try outfit combinations, and leave feeling runway-ready for your next opportunity. Because at NSU, we know confidence never goes out of style!

### **Spring Career Fair**

**10 a.m. – 2 p.m. | Student Union Ballroom**

Open to all majors. Making connections with different employers from multiple industries can increase your chances of finding a great internship or job after graduation.

## **WEDNESDAY, FEBRUARY 25**

### **Helping Hands Black History Program**

**7:00 p.m. | A.A. Fredericks Auditorium**

Culture. Confidence. Creativity. Walk the runway with us as we celebrate Black excellence through fashion!

## **THURSDAY, FEBRUARY 26**

### **National TRIO Day: Open House**

**3:00 – 5:00 p.m. | Kyser Hall, Room 439**

This is a great opportunity to meet the TRIO team, ask questions, explore our services, tour the space, and enjoy snacks while connecting with other students. Whether you're new or returning, we'd love to see you there!

### **VicNite: A Night in Vic-Vegas!**

**6:00 – 8:00 p.m. | Student Union, Old Esports Lounge**

Welcome to Fabulous Vic-Vegas! Join UPC for a night of casino style games, prizes, food, and fun.

## **THURSDAY, MARCH 5**

### **Education Job Fair**

**10:00 a.m. – 1:00 p.m. | Student Union Ballroom**

Explore rewarding careers in education at the Northwestern State University Education Job Fair! This event connects students, alumni, and community members with school districts, educational organizations, and graduate programs seeking talented future educators. Whether you're pursuing a role as a teacher, counselor, administrator, coach, or support professional, this fair is your chance to network, discover opportunities, and take the next step toward shaping the future of learning.

### **SGA Women's Luncheon**

**11:00 am – 12:30 pm | Student Union, Lucile M. Hendrick Room**

Join us for our annual Spring Women's Luncheon! Celebrate the strength, achievements, and sisterhood of women in our campus community. Connect with inspiring leaders, enjoy great food and conversation, and be part of an uplifting afternoon dedicated to empowering and honoring women. Don't miss this special tradition of fellowship and inspiration!

## **MONDAY, MARCH 9**

### **Safety with Gambling and Impulse Spending**

**5:00 – 6:00 p.m. | Student Union, President's Room**

Join Counseling Services for a refresher in managing impulsive spending behaviors and protecting your wallet from aggressive advertisers, sportsbooks, and casinos. Learn to enjoy March Madness safely and responsibly!

## **TUESDAY, MARCH 10**

### **Murder Mystery Masquerade Dinner**

**6:00 – 8:00 p.m. | Student Union, Old Esports Lounge**  
THERE'S BEEN MURDER! And it is up to you to solve it! Join UPC for an elegant night at the masquerade dinner until tragedy strikes, allowing you to show off your detective skills.

## **MARCH 11-12**

### **SGA Elections**

**8:00 a.m. – 8:00 a.m. | Online**

It's time to elect your new student leaders! Spring SGA elections are here, and your voice matters. Cast your vote to choose the next generation of student government leadership who will represent you, advocate for your needs, and shape the future of our campus community. Make your voice heard and be part of the change!

## **WEDNESDAY, MARCH 11**

### **Kart-Pool Karaoke**

**ALL DAY | NSU Main Campus**

Hitch a ride with UPC to your classes and only pay with a song! Don't miss an opportunity to show the whole campus your singing talent!

## **THURSDAY, MARCH 12**

### **It's Real: College Students and Mental Health**

**5:00 p.m. | Student Union, President's Room**

Join Counseling Services for a brief video and conversation about the impact of mental health on college students.

## **WEDNESDAY, MARCH 18**

### **Spring Plant Swap**

**11:30 a.m. – 1:30 p.m. | Watson Library, Front Lot**

Come to Watson Library and swap plants, make friends, and enjoy tips on better gardening practices and methods of getting in touch with nature! *Sponsored by Counseling Services and Watson Library.*



## **MONDAY, MARCH 23**

### **Safe Spring Break Kickoff**

**6:00 – 7:30 pm | Student Union, Lucile M. Hendrick Rm**

Get ready for spring break the smart way! Join us for our Safe Spring Break event where we'll share essential tips, resources, and strategies to help you stay safe while having an amazing time. Whether you're hitting the beach, traveling with friends, or staying local, we'll equip you with the knowledge you need to make smart decisions and create unforgettable memories. Have fun, stay safe, and make this spring break your best one yet!

## **WEDNESDAY, MARCH 25**

### **Safe Spring Break Tabling**

**12:00 – 1:00 p.m. | Student Union Lobby**

Learn a few tips and tricks on how to have a fun and safe Spring Break!

## **MONDAY, APRIL 13**

### **Coping with Anxiety using ACT**

**5:00 p.m. | Student Union, President's Room**

Are you feeling overwhelmed and anxious by all your responsibilities? Join us in Coping with Anxiety using ACT to learn skills to manage anxious thoughts, stay focused on what matters to you and thrive in your life.

## **THURSDAY, APRIL 16**

### **Spring Carnival**

**5:00 – 7:00 p.m. | Iberville Green**

Come one, come all, and step right up to one of the greatest events in Demon Land! End the semester with a bang and enjoy food, rides, games, and more with UPC, FYE, multiple student organizations, and so many more!

## **FRIDAY, APRIL 17**

### **V.L. Roy Service Day**

**12:00 p.m. – 4:00 p.m. | Student Union Ballroom**

Make a difference on V.L. Roy Service Day! Join SGA and fellow students for our biggest service event of the year as we partner with community organizations to give back and make a lasting impact. Whether you're passionate about education, the environment, or helping neighbors in need, there's a volunteer opportunity for you. Come together to serve, connect, and show what Demon pride is all about—one day of service can change everything!



**APRIL 29-30**

**Exam Survival Kits Drawing**

**All Day | Watson Memorial Library**

Come register to win an Exam Survival Kit from Watson Memorial Library. Drawings for winners will be held these days!

**SUNDAY, MAY 3**

**Snacks of Kindness**

**6:00 p.m. | Watson Memorial Library**

Watson Memorial Library will host Snacks of Kindness to help students get through finals!

**MONDAY, MAY 4**

**Late Night Breakfast**

**9:00 p.m. – 11:00 p.m. | Iberville Dining Hall**

Fuel up for finals at our Late Night Breakfast! Take a study break and join us for a delicious midnight meal sponsored by Sodexo and SGA. Enjoy breakfast favorites, de-stress with friends, and recharge before hitting the books again. It's the perfect way to power through finals week—because great grades start with a great breakfast!

**SPRING 2026**

**Welcome Back**



**Unlock Savings with Demon Deals:  
Exclusive Discounts  
Await NSU Students!**

