# Unlocking Potential: Applying the Appreciative Advising Theory-to-Practice Framework

What possibilities can faculty and students cocreate when they utilize students' strengths to maximize their educational opportunities at Northwestern State University? In this interactive workshop, faculty can infuse their expertise with the Appreciative Advising framework to create a personalized advising toolkit to meet students where they are and develop a strong foundation for achieving their goals.



# Workshop

## Disarm

Create safe & welcoming advising spaces

### Discover

Ask generative questions to learn about students' strengths, skills, & abilities

#### Dream

Inquire about students' hopes & dreams for their futures

# Design

Co-create a plan for achieving dreams

### Deliver

Energize students to be their best

### **Don't Settle**

Students and advisors set internal bars of expectations high

Bloom, J.L., Hutson, B.L., & He, Y. (2008). The appreciative advising revolution. Champaign, IL: Stipes Publishing.

# **Facilitator**

Mykel Beorchia is the Director of the Office of Appreciative Education at Florida Atlantic University. In her role as Executive Director of University and Exploratory Advising at Utah State University (USU) in Logan, Utah, she utilized the Appreciative Education framework to coordinate USU's decentralized advising system involving over 90 academic advisors at 30 sites and centers throughout the state of Utah.

Mykel was the 2021-2023 chair for the Appreciative Advising Community sponsored by NACADA: The Global Community for Academic Advising. She is a small group facilitator at the Appreciative Advising Institute offered through the Office of Appreciative Education at Florida Atlantic University. She is a PhD student in the Department of Instructional Technology and Learning Sciences at USU.

m Date: Tuesday, August 12, 2025

Time:

- Workshop: 9:00 AM 12:00 PM
- Lunch Break (provided): 12:00 PM 12:30 PM
- Location: Student Union, Lucile M. Hendrick Room (Mini Ballroom)

