



## Dosage

| Day       | Time                                   | Instructor                                          | Location                                                                                         |
|-----------|----------------------------------------|-----------------------------------------------------|--------------------------------------------------------------------------------------------------|
| Monday    | 1:00pm - 2:00pm<br>1:00pm - 2:00pm     | <a href="#">Youngblood</a><br>Chenevert             | <a href="#">Shreveport Room 307C or WebEx</a><br>FACS Room 210                                   |
| Tuesday   | 1:00pm - 2:00pm<br>2:00pm - 4:00pm     | <a href="#">Youngblood</a><br><a href="#">Jones</a> | <a href="#">Shreveport Room 307C or WebEx</a><br><a href="#">Shreveport Room LC 333 or WebEx</a> |
| Wednesday |                                        |                                                     |                                                                                                  |
| Thursday  | 10:30am - 11:30am<br>11:00am - 12:00pm | <a href="#">Perez</a><br><a href="#">Reger</a>      | <a href="#">WebEx</a><br><a href="#">WebEx</a>                                                   |
| Friday    |                                        |                                                     |                                                                                                  |