Counseling, MA (533) - Annual Report

Division: Gallaspy College of Education and Human

Development Department: School of Education

Prepared by: Dr. Gerra Perkins Date: 5/8/25

Approved by: Dr. Mary Edith Stacy Date: 5/29/25

Northwestern Mission. Northwestern State University is a responsive, student-oriented institution committed to acquiring, creating, and disseminating knowledge through innovative teaching, research, and service. With its certificate, undergraduate, and graduate programs, Northwestern State University prepares its increasingly diverse student population to contribute to an inclusive global community with a steadfast dedication to improving our region, state, and nation.

Gallaspy College of Education and Human Development Mission. The Gallaspy Family College of Education and Human Development is committed to working collaboratively to acquire, create, and disseminate knowledge to Northwestern students through transformational, high-impact experiential learning practices, research, and service.

Through the School of Education and Departments of Health and Human Performance, Military Science, Psychology, and Social Work, the College produces knowledgeable, inspired, and innovative graduates ready for lifelong learning who contribute to the communities in which they reside and professions they serve. Additionally, the GCEHD is dedicated to the communities served by the Marie Shaw Dunn Child Development Center, NSU Elementary Laboratory School, NSU Middle Laboratory School, and the NSU Child and Family Network to assist children and their families related to learning and development.

School of Education Mission. The School of Education offers exemplary programs that prepare candidates for career success in a variety of professional roles and settings. As caring, competent, reflective practitioners, our graduates become positive models in their communities and organizations. This mission is fulfilled through academic programs based on theory, research, and best practice. Further, all graduates learn to value and work with diverse populations and to incorporate technologies that enrich learning and professional endeavors.

Counseling (COUN) Program Mission Statement: The mission of the Counseling Program at Northwestern State University is to prepare candidates with knowledge, skills, and practices to become caring, competent, reflective counselors within a dynamic and multicultural society. A key aim of the program faculty is to approach their pedagogy with intellectual vigor and enhance their students' preparation through quality research, scholarship, and service. The instructional efforts of program faculty are committed to ensuring a seamless integration of theory into practice. The NSU Counseling Program is fully accredited by the Council for Accreditation Counseling and Related Educational Programs (CACREP) through October 31, 2031.

Methodology:

The assessment process for this program includes:

- 1. Data from assessments provide results on candidate knowledge, skills, and dispositions as appropriate for professional education programs.
- Content and key assessments in each program/course are aligned with the respective professional preparation/application standards, and candidates apply the standards in all their coursework.
- 3. Data from assessment tools are collected and returned to the program coordinator.
- 4. The program coordinator analyzes the data to determine student learning and whether students have met measurable outcomes and discusses the results with program faculty.
- 5. Annually, program faculty and stakeholders review data to make data driven, curricular decisions.
- 6. The program coordinator, in consultation with program faculty and other relevant stakeholders, proposes needed changes to measurable outcomes, assessment tools for the next assessment period, and the curricula and overall program.

Student Learning Outcomes:

SLO 1: Demonstrate Discipline-Specific Content Knowledge

Course Map: Candidates' Last Semester

Departmental Student Learning Goal	Program Student Learning Outcome
Demonstrate discipline-specific content	80% of candidates will meet proficiency by
knowledge.	demonstrating a knowledge of core
160 Multiple-Choice Question Exam	CACREP content areas as evidenced by
	earning an "Acceptable" score or higher on
	the multiple-choice comprehensive exam.

Measure 1.1. (Direct—Knowledge)

SLO 1 is assessed through a Multiple-Choice Comprehensive Exam (MC Comps) in the candidates' last semester of the program. The assessment instrument evaluates student knowledge using a 160-question exam. The benchmark performance is that 80% of students will score at the Acceptable level (70%) or higher. The MC Comps was designed by the professors of the Counseling Program and aligns with CACREP Standards, textbooks used within the core courses, and the National Counselor Exam (NCE), which is required for licensure as an LPC. For candidates to achieve proficiency, they must correctly answer 112 of the 160 questions.

The Comprehensive Exam covers the eight core areas identified by CACREP: Multicultural Counseling, Counseling Skills, Career Counseling, Group Counseling, Theories of Counseling, Human Growth & Development, Analysis of the Individual, and Research. There are eight sections of the exam with twenty questions specific to each of these core areas. In keeping with scoring on the National Counselor Exam (NCE) where answering 56-64% of the questions correctly earns a passing score, the designation of the scoring range differs from other assignments in the Counseling program. For the Comps Exam, below 60% is designated as Unsatisfactory and is not a passing score; 60-69% is considered Satisfactory; 70-79% is Acceptable; 80% and above is Target.

Finding. AC 2024 – 2025 the target was **met**.

Analysis.

In AC 2023 – 2024, the target was **met.** Eighty-three percent of candidates (n=6) achieved proficiency on the Multiple-Choice Comprehensive Exam. A total of six students completed the Multiple-Choice Comprehensive Exam in the 23-24 AY. Of the six, five candidates scored 70% or higher; one scored below 70% but still within the passing range. The scores in the core areas were as follows: Multicultural (15.8/20), Counseling Skills (17.3/20), Career Counseling (15/20), Group Counseling (14.1/20), Theories (13.8/20), Human Growth & Development (16.6/20), Analysis of the Individual (12.5/20), and Research (13.1/20). The changes made during the previous two academic years had a direct impact on the comprehensive exam scores within the area of Group Counseling when compared with scores from prior years.

Based on information gathered from analysis of the AC 2023-2024 data, program faculty made the following changes to drive the cycle of continuous improvement. In AC 2024-2025 faculty focused on improving students' scores in Theories of Counseling (COUN 5530). Faculty incorporated a National Counselor Exam testing module specific to counseling theories. These changes improved students' knowledge within the core areas identified by CACREP, specifically in connecting counseling theory with practice, thereby continuing the cycle of continuous improvement.

As a result of these changes, in AC 2024 – 2025 the target was <u>met</u>. These changes had a direct impact on the student's ability to achieve proficiency (70% or higher) on the Multiple-Choice Comprehensive Exam.

100% of the candidates (n=10) achieved a score of 70% or higher on the Multiple-Choice Comprehensive Exam in 2024-2025. The scores in the core areas were as follows: Multicultural (16.7/20), Counseling Skills (16.1/20), Career Counseling (16/20), Group Counseling (16/20), Theories (15.6/20), Human Growth & Development (15.4/20), Analysis of the Individual (14.5/20), and Research (13.6/20). Of note is the sub-score within Theories; the mean increased from 13.8 to 15.6.

Decision.

In AC 2024 – 2025, the target was **met**.

Based on the analysis of the AC 2024-2025 results, the faculty will implement the following changes in AC 2025-2026 to drive the cycle of improvement. Based on their latest performance, candidates scored lowest in Research and Analysis of the Individual. However, these are traditionally lower scores and track national trends, so they are not concerning. However, the drop in the Counseling Skills score is of concern; in 2023-2024 the average score was 17.3/20 and in 2024-2025 the average score was 16.1/20). Faculty will incorporate a National Counselor Exam testing module specific to counseling skills, skills-related vocabulary, and identification of types of skills. These changes will improve students' knowledge within the core areas identified by CACREP, specifically in connecting counseling skills to practice, thereby continuing the cycle of continuous improvement.

These changes will improve candidates' ability to demonstrate a knowledge of core CACREP content areas as evidenced by earning an "Acceptable" score or higher on the Multiple-Choice Comprehensive Exam, thereby continuing to push the cycle of improvement forward.

SLO 2: Apply Discipline-Specific Content Knowledge in Professional Practice

Course Map: Practicum (COUN 5550 for CMHC; COUN 5570 for SC)

Departmental Student Learning Goal	Program Student Learning Outcome
Apply discipline-specific content	80% of candidates will meet proficiency
knowledge in professional practice.	which is defined as scoring a minimum of
	80% on the Individual Counseling
Evaluation of Individual Counseling Skills	Evaluation Form which is completed by
	site-supervisors (not affiliated with NSU).
	The Individual Counseling Evaluation
	Form will be used in COUN 5550 and
	5570. This aligns with the Key
	Performance Indicators for the 2016
	CACREP standards below. CMHC 3.b.
	techniques and interventions for
	prevention and treatment of a broad range
	of mental health issues SC 3.h. skills to
	critically examine the connections between
	social, familial, emotional, and behavior
	problems and academic achievement

Measure 2.1. (Direct—Knowledge, Skills, and Dispositions)

SLO 2 is assessed through the Individual Counseling Evaluation Form in Practicum, COUN 5550 for CMHC students and COUN 5570 for SC students. The assessment aligns with the program's Key Performance Indicators for the 2016 CACREP Standards, which are concentration specific for Clinical Mental Health Counseling (CMHC) and School Counseling (SC): (1) CMHC 3.b. techniques and interventions for prevention and treatment of a broad range of mental health issues and (2) SC 3.h. skills to critically examine the connections between social, familial, emotional, and behavior problems and academic achievement. Candidates typically enroll in Practicum (COUN 5550/5570) at the beginning of their second year. For candidates to be successful on this evaluation, they must score a minimum of 80%.

There are twenty criteria site supervisors use in evaluating the candidate after observing them conduct an individual counseling session. The score for each prompt can range from between one and five, with five being the best possible score. The levels of performance are outlined below.

Levels of Performance:

- 5 Demonstrates high level of competence
- 4 Demonstrates competence, consistently
- 3 Demonstrates some competence, needs improvement
- 2 Demonstrates low level competence
- 1 Demonstrates no competence

Finding. AC 2024 – 2025 the target was **met**.

Analysis.

In AC 2023 – 2024, the target was **met.** One hundred percent (n=10) of candidates achieved proficiency by earning a mean score of 80% or above on the Individual Counseling Evaluation Form which is completed by site-supervisors. Based on the analysis of the AC 2023-2024 results, in AC 2024-2025 faculty incorporated a National Counselor Exam testing module specific to counseling skills, techniques and interventions. These changes improved students' knowledge within the core areas identified by CACREP, specifically in prevention and treatment of mental health issues, thereby continuing the cycle of continuous improvement.

As a result of these changes, in AC 2024-2025 the target was met. These changes had a direct impact on the students' ability to achieve proficiency by earning a mean score of 80% or above on the Individual Counseling Evaluation Form.

Ninety one percent (n=11) of candidates achieved proficiency by earning a mean score of 80% or

above on the Individual Counseling Evaluation Form in 2024-2025. Of these 11, one candidate had not submitted the evaluation from the site supervisor and did not have data recorded. Of the 10 who had submitted the evaluation, scores ranged from 4.65 to 5.0.

Decision.

In AC 2024 – 2025, the target was **met**.

Based on the analysis of the AC 2024-2025 results, the faculty will continue implementing the previous AC year changes in AC 2025-2026 to drive the cycle of improvement. Based on their latest performance, there was no one area in which candidates scored lowest. Also, there was a change in the field experience instructors between the Fall and Spring semesters, and it was a first-time course for the new instructor. Given the circumstances, program faculty will continue incorporating the NCE testing module specific to counseling skills, techniques and interventions. These changes will continue to improve students' knowledge within the core areas identified by CACREP, specifically in prevention and treatment of mental health issues, thereby continuing the cycle of continuous improvement.

SLO 3: Model Professional Behaviors and Characteristics

Course Map: COUN 6500 (offered each summer)

Departmental Student Learning Goal	Program Student Learning Outcome
Model professional behaviors and	80% of candidates will meet proficiency by
characteristics.	scoring 80% or above (Acceptable or
	Target) on the COUN 6500 Research
Research Paper	Paper.
	Know ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling (2016 CACREP Standard 1.i.).

Measure 3.1. (Direct—Dispositions)

The SLO is addressed through the COUN 6500 Research Paper and assessed using the rubric designed for the assignment. Candidates complete this assignment in COUN 6500, which is a course they take during their first year in the program. Depending on their starting semester, this assessment takes place in their first, second, or third semester. The assignment and accompanying rubric were created by Counseling faculty and aligned with CACREP standards. For candidates to be successful they must score 80% (80/100) or higher on the assignment.

The first four components of the rubric are worth 20 points each and are as follows: (1) Identification of the Dilemma: The ethical dilemma(s) is clearly identified, including conflicting factors, dimensions and variables included in the professional quandary. The dilemma is described in relationship to ethical standards, laws and professional ideas or aspirations. (2) Proposed Ethical Action: The proposed action the counselor should take includes: (a) clearly articulated professional interventions; (b) persuasive justification for proposed action; and (c) a description of the professionally recognized decision-making model or process used to arrive at decisions. (3) Use of the ACA Code of Ethics: The paper cites appropriate sections of the ACA Code of Ethics and, if appropriate, other ethical guidelines considered. A clear rationale regarding selected sections of the 2014 ACA Code of Ethics and any other ethical guidelines is cited. (4) Use of the Ethical Decision-Making Model: The steps of the decision-making model were clearly followed and skillfully applied to the case. Components five and six are worth 10 points each and are as follows: (5) Scholarly Writing: Research provides exceptional connection to topic/issue and supports claims in thoughtful ways. Paper reflects exceptional attention to professional vocabulary specifically related to the field. Quality of use of APA formatting when using in-text citations and development of a reference section including at least 5 professional sources. (6) Writing Mechanics: Clearly organized, thorough, and free of grammatical and spelling errors. Reflects the work of a graduate student who went above and beyond the basic requirements of the assignment. The assignment is worth 100 points in total.

Finding. AC 2024 - 2025 the target was <u>met</u>.

Analysis.

In AC 2023 – 2024 the target was **met.** One hundred percent of students (n=12) achieved proficiency by earning a mean score of Acceptable (80% or above) or Target (90% or above) on the Research Paper. Based on the information gathered from an analysis of the AC 2023-2024 data, program faculty made the following changes to drive the cycle of continuous improvement. In AC 2024- 2025 faculty incorporated a National Counselor Exam testing module specific to ethical issues to enhance student learning. These changes improved the student's ability to know ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling, thereby continuing to push the cycle of improvement forward.

As a result of these changes, in AC 2024 - 2025 the target was <u>met</u>. These changes had a direct impact on the student's ability to achieve proficiency by scoring 80% or above on the COUN 6500 Research Paper.

Ninety four percent (n=17) of candidates achieved proficiency by earning 80% or above on the COUN 6500 Research Paper in 2024-2025.

Decision.

In AC 2024 – 2025 the target was **met**.

Based on the analysis of the AC 2024-2025 results, the faculty will implement the following changes in AC 2025-2026 to drive the cycle of improvement. Based on their latest performance, candidates scored lowest on section two of the rubric because they did not correctly identify the proposed actions a counselor should take; the mean score was 15/20 (75%) for that portion. Approximately 25% of students indicated they would break confidentiality and contact law enforcement, which was not warranted in the given case study. The Program faculty will incorporate additional resources to help students better understand the limits of confidentiality, including a 20 minute recorded lecture that examines the different circumstances and factors involved when determining whether to break confidentiality.

These changes will improve candidates' ability to know ethical standards of professional counseling organizations and credentialing bodies, and especially the applications of ethical and legal considerations in professional counseling, thereby continuing to push the cycle of improvement forward.

SLO 4: Exhibit Creative Thinking that Yields Engaging Ideas, Processes, Materials, and Experiences Appropriate for the Discipline

Course Map: COUN 5000 (a) and COUN 5610 (b)

Departmental Student Learning Goal	Program Student Learning Outcome
Exhibit creative thinking that yields engaging ideas, processes, materials, and experiences appropriate for the discipline.	80% of candidates will meet proficiency by earning a designation of Acceptable (80%) or higher on the Counseling Session Video and Components and the COUN 5610 Class Journal/Portfolio.
COUN 5000 – Counseling Session Video and Components COUN 5610 – Class Journal/Portfolio	 a. Demonstrate appropriate essential interviewing, counseling, and case conceptualization skills (2016 CACREP 5.g.).
	 Articulate the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others (2016 CACREP 2.d.).

Measure 4.1. (Direct—Knowledge and Skills)

Faculty assess SLO 4a in COUN 5000 through a Counseling Session Video and Components; it is a KPI assignment for the program under the 2016 CACREP Standards. Candidates enroll in COUN 5000 their first year within the program; depending on their start date, the assignment is completed during their first, second, or third semester. The assignment was designed by counseling faculty and aligned with CACREP Standards. For a candidate to be successful, they must score 80% or higher.

For the assignment, students facilitate a 45-minute counseling session in the role of the counselor. In addition to being evaluated on their essential interviewing and counseling skills, students also complete a session transcription identifying skills used, a case conceptualization, and an essential skills rating form.

SLO #4b is addressed in COUN 5610 through the Class Journal/Portfolio and assessed with the rubric designed for the assignment. Candidates enroll in COUN 5610 their first year within the program; depending on their start date, the assignment is completed during their first, second, or third semester. The assignment was designed by counseling faculty and aligned with CACREP Standards. For a candidate to be successful, they must score 80% or higher.

This assignment is a compilation of the students' work throughout the semester regarding specific prompts designed for students to reflect in-depth on their attitudes, beliefs, experiences and then to articulate how that impacts their work with clients. The rubric is divided into three sections and is as follows: (1) The candidate **h**as demonstrated responsibility taking by having 90% of all course discussion forums and weekly papers. These assignments are included in one continuous document with great attention to detail and presentation of material (30 points). (2) The candidate provides meaningful reflection on the learning derived from the course (35 points). (3) Special attention is given to the impact of heritage, etc. on themselves and future clients through numerous specific examples (35 points).

Finding. AC 2024 – 2025 the target was **not met**.

Analysis.

In AC 2023 – 2024 the target was **met.** Seventeen students were enrolled in COUN 5610 in the Spring of 2024. Of the 16 students who submitted the assignment, 100% achieved proficiency by earning a designation of Acceptable (80-89%) or Target (90-100%) on the Class Journal/Portfolio. One student did not submit the work by the due date and received an incomplete (due to medical reasons) on the assignment and on the course. In the Fall of 2024, 15 students were enrolled in COUN 5000 and completed all portions of this Key Performance Indicator. One hundred percent of students achieved proficiency by earning a designation of Acceptable (80-89%) or Target (90-100%) on the Counseling Session Video and Components.

Based on the information gathered from an analysis of the AC 2023 – 2024 data, program faculty

made the following changes to drive the cycle of continuous improvement. Another module on clinical case notes and collaborative documentation was incorporated into COUN 5000 in order to introduce students to different methods of taking client notes. For the Class Journal/Portfolio in COUN 5610, professional development was added to enhance students' learning and to add depth to their Journal/Portfolio. Faculty believed the new changes and continued implementation of previous changes would improve students' ability to articulate the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others and to demonstrate appropriate essential interviewing, counseling, and case conceptualization skills, thereby continuing to push the cycle of improvement forward.

In AC 2024 – 2025 the target was **not met**. While some of the aforementioned changes did have a direct impact on the student's ability to achieve proficiency by scoring 80% or above on the assignments, unfortunately an older version of the COUN 5610 syllabus was updated and uploaded and did not include a previous revision to the Portfolio Rubric in the syllabus description. Therefore, students who simply read the syllabus and did not read the rubric did not include all of the required information within the assignment. While students could not be penalized for the instructor's oversight, it does mean the SLO was not met.

Fifty percent (n=14) of candidates achieved proficiency by earning a designation of Acceptable (80-89%) or Target (90-100%) on the COUN 5610 Class Journal/Portfolio in 2024-2025 (SLO 4b); 100% of candidates achieved proficiency by earning a designation of Acceptable (80-89%) or Target (90-100%) on the Counseling Session Video and Components (SLO 4a).

Decision.

In AC 2024 - 2025, the target was **not met**.

Based on the analysis of the AC 2024-2025 results, the faculty will implement the following changes in AC 2025-2026 to drive the cycle of improvement. Faculty will revise the COUN 5610 syllabus description to match with the COUN 5610 Class Journal/Portfolio Rubric and will continue implementing the previous changes.

Based on their latest performance, candidates scored lowest on the COUN 5610 Class Journal/Portfolio Rubric, sections two and three; these sections were not listed in the syllabus assignment description. Program faculty will ensure the stated sections of the rubric match the assignment description given in the syllabus and will continue implementing the changes from the 23-24 AC.

These changes will improve candidates' ability to demonstrate appropriate essential interviewing, counseling, and case conceptualization skills and articulate the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others, thereby continuing to push the cycle of improvement forward.

SLO 5: Make Responsible Decisions and Problem-Solve, using Data to Inform Actions when Appropriate

Course Map: COUN 5560 and COUN 5550/5570

Departmental Student Learning Goal	Program Student Learning Outcome
Make responsible decisions and problem-	80% of candidates will meet proficiency by
solve, using data to inform actions.	earning 80% or higher on the Case
	Conceptualization Presentation and the
Case Conceptualization Presentation (COUN 5560) – 5.g.	Research Article Critique/Presentation.
Research Article Critique/Presentation (COUN 5550/COUN 5570) – 8.a.	Demonstrate appropriate essential interviewing, counseling, and case conceptualization skills (2016 CACREP 5.g.).
	Know the importance of research in advancing the counseling profession,
	including how to critique research to inform counseling practice (2016 CACREP 8.a.)

Measure 5.1. (Direct—Knowledge and Skills)

Faculty assess SLO 5 (2016 CACREP 7.e.) in COUN 5560 through the Case Conceptualization Presentation, a KPI assignment for the program under the 2016 Standards. This assessment takes place in the last semester of the program. The assignment and accompanying rubric were created by Counseling faculty and aligned with CACREP standards. For candidates to be successful they must score 80% or higher on the assignment.

Faculty assess SLO 5 (2016 CACREP 8.a.) in COUN 5550/COUN 5570 through Research Article Critique/Presentation, a Key Performance Indicator assignment for the program under the 2016 Standards. This assessment takes place at the beginning of the second year in the program. The assignment and accompanying rubric were created by Counseling faculty and aligned with CACREP standards. For candidates to be successful they must score 80% or higher on the assignment.

The parts of the Case Conceptualization Presentation assessment are as follows. Students (1) Identified the presenting problem, (2) Assessed and interpreted client's strengths and needs, recognizing uniqueness in cultures, languages, values, backgrounds, and abilities, (3) Detailed appropriate comprehensive assessment interventions to assist in diagnosis and treatment planning, with an awareness of cultural bias, (4) Detailed treatment plan that includes a behavioral definition, 5-axis diagnosis, goals, objectives, past interventions used, theoretical

approach used, multicultural considerations, and family systems considerations; differentiate between diagnosis and developmental appropriate reactions during trauma-causing events, (5) Included progress notes, (6) Documented consultation with collaborating professionals to discuss the differential diagnosis, (7) Videotaped session and summarize intervention. Intervention must be based upon documented research findings. Sources must be cited. If applicable, provide appropriate counseling strategies when working with clients with addiction and cooccurring disorders; if not detail appropriate strategies that could be used, (8) Summarized future plans based upon research findings. Sources must be cited. (9) Identified appropriate referrals and/or community resources and the procedures utilized for making those referrals. For the Personal Reflection Component students were asked to (1) Discuss personal limitations in working with the client and the nature of the supervision received, (2) Discuss the legal and ethical issues related to the work with the client, (3) Discuss personal awareness of the issues presented related to diversity and how multicultural competencies were met.

For the Research Article Critique/Presentation assignment, students were asked to critique a set of articles using specific guidelines. They also discussed the importance of research in advancing the counseling profession.

Finding. AC 2024 – 2025 the target was **met**.

Analysis.

In AC 2023 – 2024, the target was **met.** Ninety five percent (n=23) of candidates achieved proficiency by scoring 80% or above on the Case Conceptualization Presentation and the Research Article Critique/Presentation.

Based on the information gathered from an analysis of the AC 2023 – 2024 data, program faculty made the following changes to drive the cycle of continuous improvement. The faculty implemented the following to drive the cycle of improvement in AC 2024-2025: Faculty incorporated a National Counselor Exam testing module specific to counseling research. These changes improved students' knowledge within the core areas identified by CACREP, specifically in articulating the importance of research in advancing the counseling profession, including how to critique research to inform counseling practice, thereby continuing to push the cycle of improvement forward.

As a result of these changes, in AC 2024 – 2025 the target was **met**. These changes had a direct impact on the student's ability to achieve proficiency, meaning earning a grade of 80% or higher, on the Case Conceptualization Presentation and the Research Article Critique/Presentation.

Ninety-six percent of candidates achieved proficiency, defined as earning a grade of 80% or higher, on the Case Conceptualization Presentation and the Research Article Critique/Presentation in 2024-2025. In COUN 5570, four students were enrolled. Three students scored 90% or higher; one student scored 87%. Therefore over 80% of students scored 80% or higher. In COUN 5550, eight

students were enrolled. Six students scored 90% or higher; one student scored 89% and one at 87%. Therefore over 80% of students scored 80% or higher. In COUN 5560, 11 students were enrolled. Ten students scored 80% or higher on the Case Conceptualization Presentation; one student has an incomplete in the course due to medical reasons and has not completed the assignment.

Decision.

In AC 2024 – 2025, the target was **met**.

Based on the analysis of the AC 2024-2025 results, the faculty will continue implementing the previous AC year changes in AC 2025-2026 to drive the cycle of improvement. Based on their latest performance, over 80% of the candidates achieved proficiency and no areas of concern were noted. There was a change in the field experience instructors between the Fall and Spring semesters, and it was a first-time course for the new instructor. Given the circumstances and the need for continuity and stability, program faculty will continue incorporating the NCE testing module specific to articulating the importance of research in advancing the counseling profession, including how to critique research to inform counseling practice. These changes will improve candidates' ability to make responsible decisions and problem-solve, using data to inform actions, thereby continuing to push the cycle of improvement forward.

Comprehensive Summary of Key Evidence of Seeking Improvement Based on Analysis of Results.

Program faculty made several decisions after examining the results of 2023-2024 data analysis which resulted in improved learning and program improvement for AC 2024-2025.

- SLO 1 Based on the analysis of the 2023-2024 data, program faculty made the following changes to build upon students' learning experiences and to drive the cycle of continuous improvement in 2024-2025. In AC 2024-2025 faculty focused on improving students' scores in Theories of Counseling (COUN 5530). Faculty incorporated a National Counselor Exam testing module specific to counseling theories. These changes improved students' knowledge within the core areas identified by CACREP, specifically in connecting counseling theory with practice, thereby continuing the cycle of continuous improvement.
- SLO 2 Based on the analysis of the 2023-2024 data, program faculty made the following changes to build upon students' learning experiences and to drive the cycle of continuous improvement in 2024-2025. In AC 2024-2025 faculty incorporated a National Counselor Exam testing module specific to counseling skills, techniques and interventions. These changes improved students' knowledge within the core areas identified by CACREP, specifically in prevention and treatment of mental health issues, thereby continuing the cycle of continuous improvement.
- SLO 3 Based on the analysis of the 2023-2024 data, program faculty made the following

changes to build upon students' learning experiences and to drive the cycle of continuous improvement in 2024-2025. In AC 2024-2025 faculty incorporated a National Counselor Exam testing module specific to ethical issues to enhance student learning. These changes improved the students' ability to know ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling, thereby continuing to push the cycle of improvement forward.

- SLO 4 Based on the analysis of the 2023-2024 data, program faculty made the following changes to build upon students' learning experiences and to drive the cycle of continuous improvement in 2024-2025. In AC 2024-2025 another module on clinical case notes and collaborative documentation was incorporated into COUN 5000 to introduce students to different methods of taking client notes. For the Class Journal/Portfolio in COUN 5610, professional development was added to enhance students' learning and add to the depth of their Journal/Portfolio.
- SLO 5 Based on the analysis of the 2023-2024 data, program faculty made the following changes to build upon students' learning experience and to drive the cycle of continuous improvement in 2024-2025. In AC 2024-2025 the faculty incorporated a National Counselor Exam testing module specific to counseling research. These changes improved students' knowledge within the core areas identified by CACREP, specifically in articulating the importance of research in advancing the counseling profession, including how to critique research to inform counseling practice.

Plan of Action Moving Forward:

Program faculty examined the evidence and results of data analysis from AC 2024-2025 and will take steps to continue to improve candidate learning in AC 2025-2026:

- SLO 1: Based on the analysis of the AC 2024-2025 results, the faculty will implement the following changes in AC 2025-2026 to drive the cycle of improvement. Based on their latest performance, candidates scored lowest in Research and Analysis of the Individual. However, these are traditionally lower scores and track national trends, so they are not concerning. However, the drop in the Counseling Skills score is of concern; in 2023-2024 the average score was 17.3/20 and in 2024-2025 the average score was 16.1/20). Faculty will incorporate a National Counselor Exam testing module specific to counseling skills, skills-related vocabulary, and identification of types of skills. These changes will improve students' knowledge within the core areas identified by CACREP, specifically in connecting counseling skills to practice, thereby continuing the cycle of continuous improvement.
- Based on the analysis of the AC 2024-2025 results, the faculty will continue implementing the
 previous AC year changes in AC 2025-2026 to drive the cycle of improvement. Based on their
 latest performance, there was no one area in which candidates scored lowest. Also, there
 was a change in the field experience instructors between the Fall and Spring semesters, and
 it was a first-time course for the new instructor. Given the circumstances, program faculty will

continue incorporating the NCE testing module specific to counseling skills, techniques and interventions. These changes will continue to improve students' knowledge within the core areas identified by CACREP, specifically in prevention and treatment of mental health issues, thereby continuing the cycle of continuous improvement.

- SLO 3: Based on the analysis of the AC 2024-2025 results, the faculty will implement the following changes in AC 2025-2026 to drive the cycle of improvement. Based on their latest performance, candidates scored lowest on section two of the rubric because they did not correctly identify the proposed actions a counselor should take; the mean score was 15/20 (75%) for that portion. Approximately 25% of students indicated they would break confidentiality and contact law enforcement, which was not warranted in the given case study. The Program faculty will incorporate additional resources to help students better understand the limits of confidentiality, including a 20 minute recorded lecture that examines the different circumstances and factors involved when determining whether to break confidentiality.
- SLO 4: Based on the analysis of the AC 2024-2025 results, the faculty will implement the
 following changes in AC 2025-2026 to drive the cycle of improvement. Based on their
 latest performance, candidates scored lowest on the COUN 5610 Class Journal/Portfolio
 Rubric, sections two and three; these sections were not listed in the syllabus assignment
 description. Program faculty will ensure the stated sections of the rubric match the
 assignment description given in the syllabus and will continue implementing the changes
 from the 23-24 AC along with making the necessary revisions.
- SLO 5: Based on the analysis of the AC 2024-2025 results, the faculty will continue implementing the previous AC year changes in AC 2025-2026 to drive the cycle of improvement. Based on their latest performance, over 80% of the candidates achieved proficiency and no areas of concern were noted. There was a change in the field experience instructors between the Fall and Spring semesters, and it was a first-time course for the new instructor. Given the circumstances and the need for continuity and stability, program faculty will continue incorporating the NCE testing module specific to articulating the importance of research in advancing the counseling profession, including how to critique research to inform counseling practice.