

Master of Science in Health and Human Performance  
 Exercise Physiology (577E) concentration  
 2024-2025 Catalog

**Degree Program Name:** MS in Health & Human Performance – Exercise Physiology concentration  
**Degree Program Description:** The mission of the MS in Health & Human Performance program with a concentration in Exercise Physiology the Gallaspy College of Education and Human Development is to prepare innovative, contemporary leaders for advanced career opportunities in kinesiology and exercise science.

For more information, please go to <https://hhp.nsula.edu/> or contact Dr. Tara Tietjen-Smith, Department Head, at [tietjensmitht@nsula.edu](mailto:tietjensmitht@nsula.edu)

**First year**

<b>Fall Semester</b>		<b>Spring Semester</b>	
HP 5000 Statistics	3	HP 5020 Research Methods	3
HED 5200 Health Behavior <b>OR</b> HED 5600 Epidemiology	3	HED 5360 Adv Exer Physiology	3
HED 5470 Evaluation & Exer Pres	<u>3</u>	HED 5450 Sports Nutrition	<u>3</u>
<b>Total</b>	<b>9 hours</b>	<b>Total</b>	<b>9 hours</b>

**Second year**

<b>Fall Semester</b>		<b>Spring Semester</b>	
HP 5170 Cardiovascular Ex Phys	3	HED 5990 Internship	<u>3</u>
HP 5340 Clin Ex Tech, Test, Pres	3	<b>OR</b>	
HED 5620 Special Topics in HHP	<u>3</u>	HED 5370 Research Project	
<b>Total</b>	<b>9 hours</b>	<b>Total</b>	<b>3 hours</b>

The Master of Science in Health and Human Performance with a concentration in Exercise Physiology is **30 hours**.