

Group Exercise Schedule

Summer session I

	Monday	Tuesday	Wednesday	Thursday
9:00-9:45 am	Body pump <i>Danielle</i>	Barre <i>Coy</i>	Sculpt & Tone <i>Danielle</i>	Pound <i>Coy</i>

Session 1 Group Ex Schedule will run from May 20th – June 21st.

For more information on Group Exercise schedules & our Fitness Assessment Lab please visit us at wrac.nsula.edu or call at **318.357.5428**

